

Blue Star Mothers

Miami Valley Chapter #3

Mission Statement: While promoting patriotism, the Miami Valley Chapter of the Blue Star Mothers of America, Inc. (OH 3), supports our troops all over the world, our veterans, and each other.

Over the past 10 years the **Dayton Blue Star Mothers** have mailed over 12,000 care packages to troops deployed in Iraq, Afghanistan, Korea, Germany, and other countries around the globe.

Most needed item for the Troops

Please check expiration dates, we do not send expired items.

Beef jerky
Slim Jims
Protein or granola bars
Trail mix - individual bags
Nuts - individual bags
Popcorn - microwave bags only
Peanut butter to-go cups
Soup- microwave only
Tuna or chicken in foil packs - no cans
Mac & Cheese - microwave only
Oatmeal (packs only)
Drink mixes - individual servings
Canned fruit (small with pop tops) - no plastic

Nail clippers
Foot powder
Men's body wash/shampoo - all in one
Toothpaste (in boxes) - all sizes
Dental floss - individual
Chapstick
Wet wipes - small and medium packs
Tissues - small packs
Toothbrushes
Lotion - no pumps
Shower scrubbies
Deodorant (solid) - men's and women's

Puzzle books
Playing cards

Money for shipping the care packages

Cookies - individual packs, no bags
Rice Krispy Treats
Gum
Tie Tacs
Life savers
Combos - small packs

NOTE: We cannot send any religious or political materials. We no longer take magazines, beanie babies, CDs, cell phones or phone cards.

5/2021