



Saint Helen School Catholic Schools Week 2023

January 29 – February 4

“Catholic Schools: Faith. Excellence. Service.”



Monday, Jan 30, 2023

Celebrate Our Community -Faith, Excellence, Service

St. Helen Spirit Day -Show your school spirit by wearing your St. Helen Spirit Wear

(out-of-uniform bottoms), gym shoes must be worn.

8:25-2:30 School-Wide (homeroom) Retreat

Lunch: Mad River lunch (calzone) or a brown bag lunch from home

Service Project: Blue Star Mothers, Miami Valley Chapter #3 (see flyer below)



Tuesday, Jan 31, 2023

Celebrate Our Students -Faith, Excellence, Service

PJ Day with a movie and snack.

Service Project: Blue Star Mothers, Miami Valley Chapter #3 (see flyer below)



Wednesday, Feb 1, 2023

Celebrate Our Nation- Faith, Excellence, Service

Patriotic Day-students wear red, white, and blue, out-of-uniform bottoms.

Area Wide Catholic School Mass: Peacemakers and SPIRIT and JOY Club will represent us.

Teacher Luncheon (PTO)

Service Project: Blue Star Mothers, Miami Valley Chapter #3 (see flyer below)



Thursday, Feb 2, 2023

Celebrate Our Vocations -Faith, Excellence, Service

“Dress for Success” Come to school in your Sunday finest, look handsome and beautiful. **No jeans or leggings!** Think, what would you wear for a job interview? Dress to impress.

9:00 Patron Saint float parade

10:00-10:45 8th grade Science Fair Displays in Gym

Service Project: Blue Star Mothers, Miami Valley Chapter #3 (see flyer below)



Friday, Feb 3, 2023

Celebrate Our Faculty, Staff, and Volunteers-Faith, Excellence, Service

Mix/Match and/or Sport Jersey Day. Get ready to “mix things up” with mis-matching socks,

crazy color shirts, and other fun “crazy” outfit items and/or celebrate your favorite team by wearing **Bingo (K-9)** jersey for the day. Sports jerseys can be worn with out-of-uniform pants as well.

1:00-2:30 - Volleyball (4-8), Knights of Columbus essay winners announced

Service Project: Blue Star Mothers, Miami Valley Chapter #3 (see flyer below)

Blue Star Mothers

Miami Valley Chapter #3

Mission Statement: While promoting patriotism, the Miami Valley Chapter of the Blue Star Mothers of America, Inc. (OH 3), supports our troops all over the world, our veterans, and each other.

Over the past 10 years the **Dayton Blue Star Mothers** have mailed over 12,000 care packages to troops deployed in Iraq, Afghanistan, Korea, Germany, and other countries around the globe.

Most needed item for the Troops

Please check expiration dates, we do not send expired items.

Beef jerky
Slim Jims
Protein or granola bars
Trail mix - individual bags
Nuts - individual bags
Popcorn - microwave bags only
Peanut butter to-go cups
Soup- microwave only
Tuna or chicken in foil packs - no cans
Mac & Cheese - microwave only
Oatmeal (packs only)
Drink mixes - individual servings
Canned fruit (small with pop tops) - no plastic

Puzzle books
Playing cards

Money for shipping the care packages

Nail clippers
Foot powder
Men's body wash/shampoo - all in one
Toothpaste (in boxes) - all sizes
Dental floss - individual
Chapstick
Wet wipes - small and medium packs
Tissues - small packs
Toothbrushes
Lotion - no pumps
Shower scrubbies
Deodorant (solid) - men's and women's

Cookies - individual packs, no bags
Rice Krispy Treats
Gum
Tie Tacs
Life savers
Combos - small packs

NOTE: We cannot send any religious or political materials. We no longer take magazines, beanie babies, CDs, cell phones or phone cards.

5/2021